

## 2019 Nature Coast Eggfest

Please carefully read the following rules and regulations, fill out the REGISTRATION FORM and return it with payment no later than March 31st 2019.

### Rules and Regulations 2019 Nature Coast Eggfest

There will be 2 cooking groups this year. 1. Cooking Competition 2. Cooking To Brag

1. Competition Cooks will be provided a Large Egg and Plate Setter to cook on the day of the fest and charcoal will be provided. No more than 2 cooks allowed per egg/team. Competition cooks will be required to produce 3 items. Item one must be a breakfast dish and will be required to finish between 9am and 11pm. Second item will be a lunch item and must finish between 11pm and 1pm. The third item will be a dessert item and must finish between 1pm and 3pm.

All cooks must supply their own food for the entire event. Cooks must include their menus with their registration form. Teams will be required to submit food at least every 2 hours.. Cooks must provide enough 2oz samples of each item for a minimum of 300 Tasters. Each Taster in attendance will be allowed to vote 1 time for each item for the team they feel has the best overall food. Prizes will be given away to 1st, 2nd, and 3rd places.

2. Cooking To Brag is to show off your skills. Cooks are required to provide there own food but are allowed to cook and serve at their own pace. A Large Egg, Plate Setter and charcoal will be provided.

If you've never cooked at an Eggfest before you'll want to bring anything you need to prepare your food (mixing bowls, measuring spoons, ingredients for your cook, folding chairs etc), anything you'll need to cook your food (tongs, spatula, rib racks, dutch oven, etc), we will supply everything you will need to serve your food (paper plates, utensils, napkins, etc). Please be aware of handling food safely and keeping your work areas clean. If your ingredients need to be kept cold, you'll need to bring a cooler. We won't have any refrigerators! If you have specific needs we will try to accommodate you as well as we can. Cooks are encouraged to bring a tent and table cloth. One table will be provide per team. Teams may decorate there table any way they want.

The cost to cook in this years Eggfest as a competitor or a bragger is \$50. The registration fee will be returned to all registrants that participate. (Contact Jeremy Bush at [bushj@bushhomeservices.com](mailto:bushj@bushhomeservices.com) or 352-621-7700 to submit team names and cooks names and ask any questions you may have).

All Eggs will be available to start cooking on, at 8am the day of the fest. All cooks are required to check in no later than 8:00am. Food may be prepared off-site but must be finished on the provided Eggs the day of the fest. We encourage cooks to do all or most of your preparation and cooking at the fest. Please contact us if you have any questions about this.

2019 Nature Coast Eggfest Registration  
Due By March 31st 2019  
Send this completed form and payment to;  
Bush Home Services  
7363 W Fair Acres Pl.  
Homosassa, Fl. 34448

Cook 1

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Cook 2

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Menu: (Include additional sheet if needed)